

# Variability of cardoon flowers technological properties for cheesemaking of *Cynara cardunculus* L. populations from Alentejo (Portugal)



INTERNATIONAL SCIENTIFIC CONFERENCE ON RAW MILK

S. Gomes<sup>1\*</sup>, M.J. Trigo<sup>1</sup>, A.T. Belo<sup>2</sup>, N.B. Alvarenga<sup>1,3,8</sup>, J. Dias<sup>3,4</sup>, P. Lage<sup>4</sup>, M.J. Carvalho<sup>4</sup>, C. Pinheiro<sup>5,6</sup>, E. Machado<sup>5,6</sup>, C. Cruz<sup>5</sup>, A. Paulino<sup>7</sup>, T. Brás<sup>7</sup>, M.F. Duarte<sup>5,7</sup>, A.P.L. Martins<sup>1,8</sup>

<sup>1</sup>UTI-INIAV, Portugal; <sup>2</sup>UEISPSA-INIAV, Portugal; <sup>3</sup>GeoBioTec Research Institute, U.Nova, Portugal; <sup>4</sup>ESA, IPBeja, Portugal;

<sup>5</sup>ICAAM, U.Évora, Portugal; <sup>6</sup>ECT – U.Évora, Portugal; <sup>7</sup>CEBAL, Portugal; <sup>8</sup>LEAF, ISA, U.Lisboa, Portugal

sandra.gomes@iniav.pt



## Results and Discussion

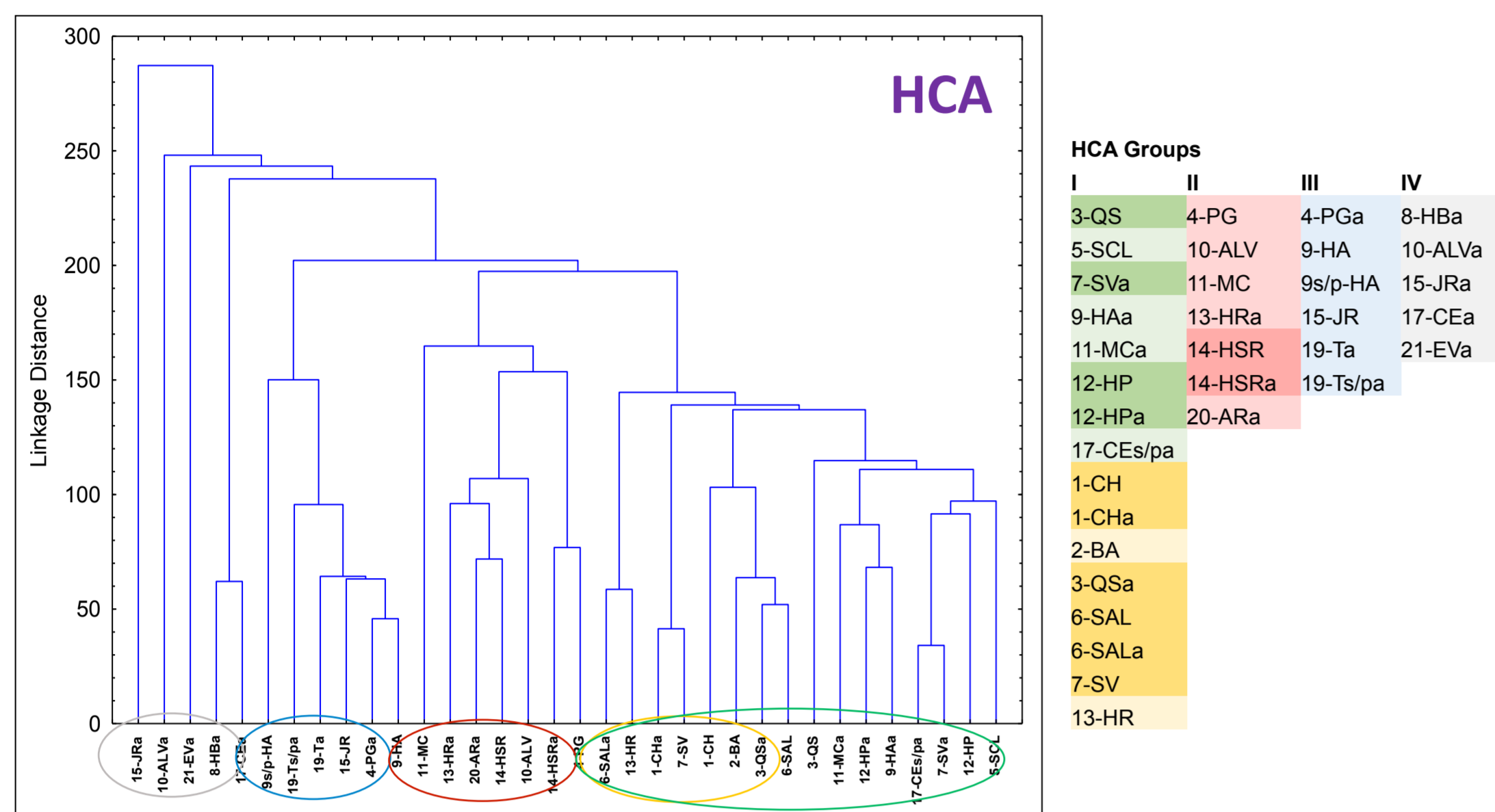
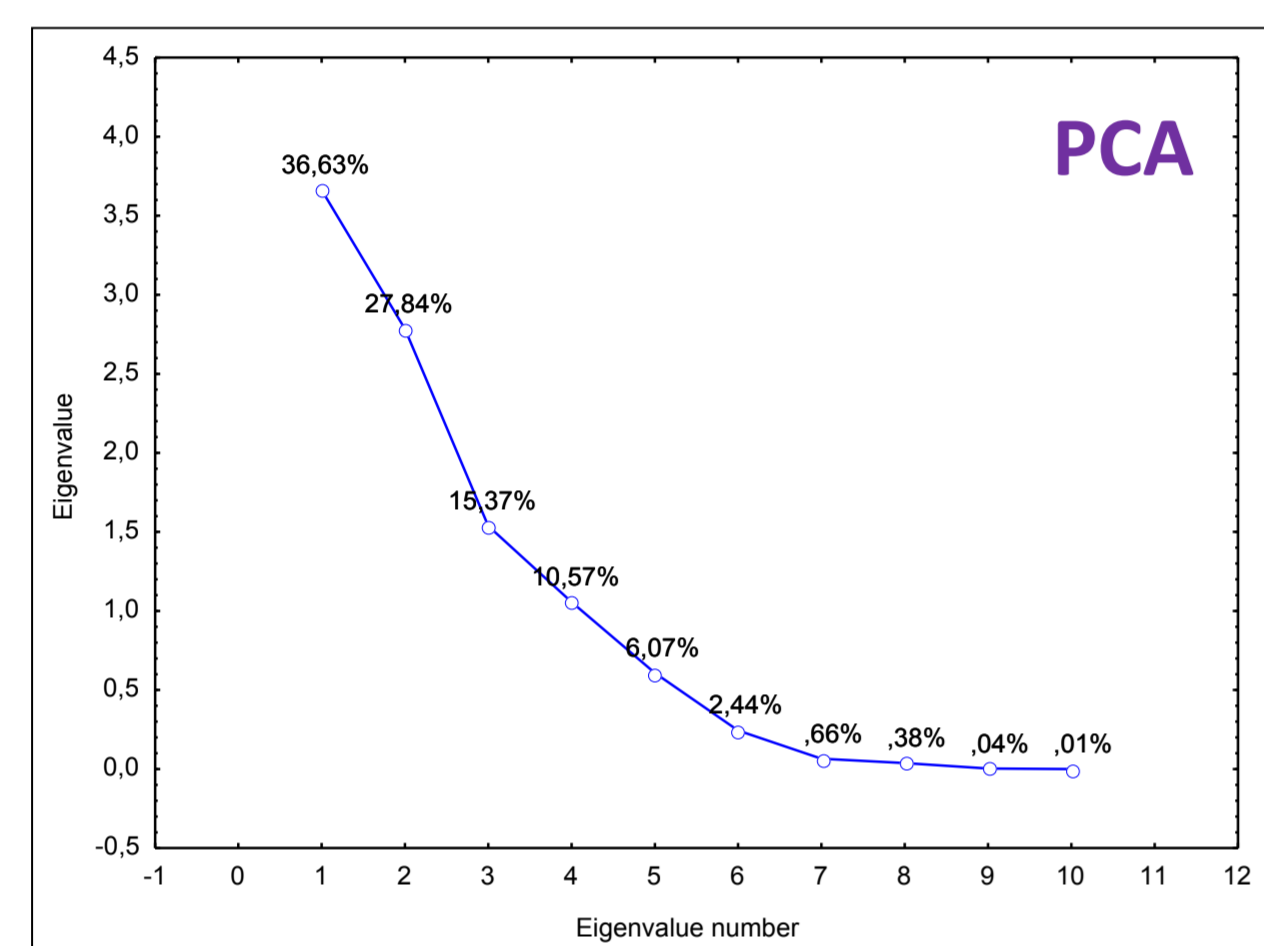
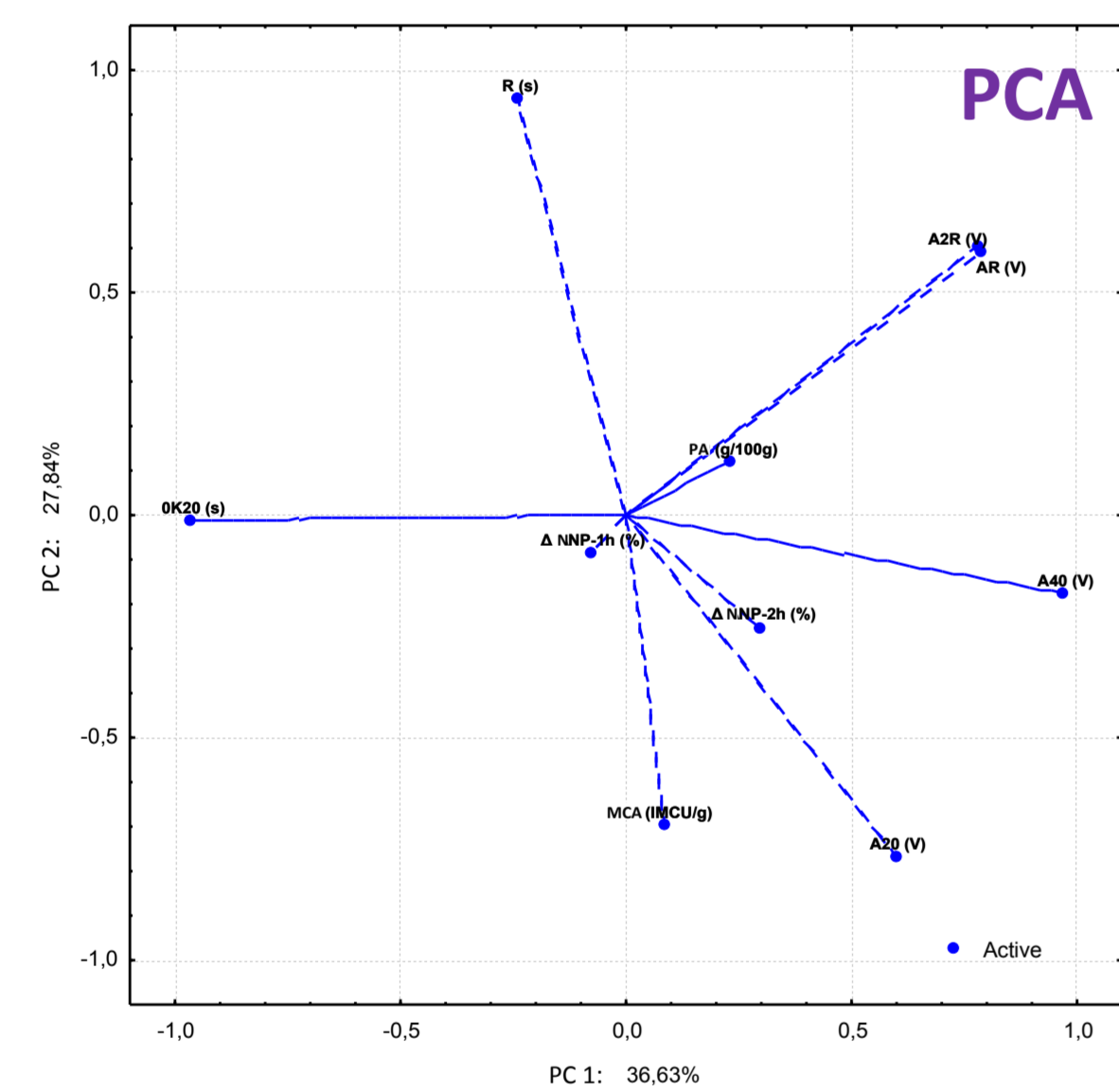


Fig.1: Dendrogram obtained after cluster analysis (Single linkage, Euclidean Distance) using all the variables evaluated and composition of the formed groups (distance level of 200).



Eigenvalue	Variance explained (%)	Total variance explained (%)
1	3,663	36,627
2	2,784	27,840
3	1,537	15,372
4	1,057	10,569
5	0,607	6,074
6	0,244	2,441
7	0,066	0,656
8	0,038	0,378
9	0,004	0,037
10	0,001	0,006

Fig.2: Principal Component Analysis (PCA) - Percentage of total variance explained by each Eigenvalue.



	PC1	PC2	PC3
MCA (IMCU/g)	0,082	-0,696	-0,092
R (s)	-0,239	0,936	0,131
AR (V)	0,785	0,595	0,032
A2R (V)	0,778	0,604	0,022
A20 (V)	0,597	-0,767	-0,092
A40 (V)	0,969	-0,175	-0,042
OK20 (s)	-0,967	-0,012	-0,099
Δ NNP-1h (%)	-0,080	-0,086	0,919
Δ NNP-2h (%)	0,298	-0,253	0,629
Y (g/100g)	0,233	0,121	-0,501

Fig.3: Projection of the technological properties evaluated in the *C. cardunculus* L. populations in the plan defined by the first two principal components (PC 1 and PC 2 where 64% of the total variance is explained) and their correlations within considered technological properties (10 selected in 13 evaluated).

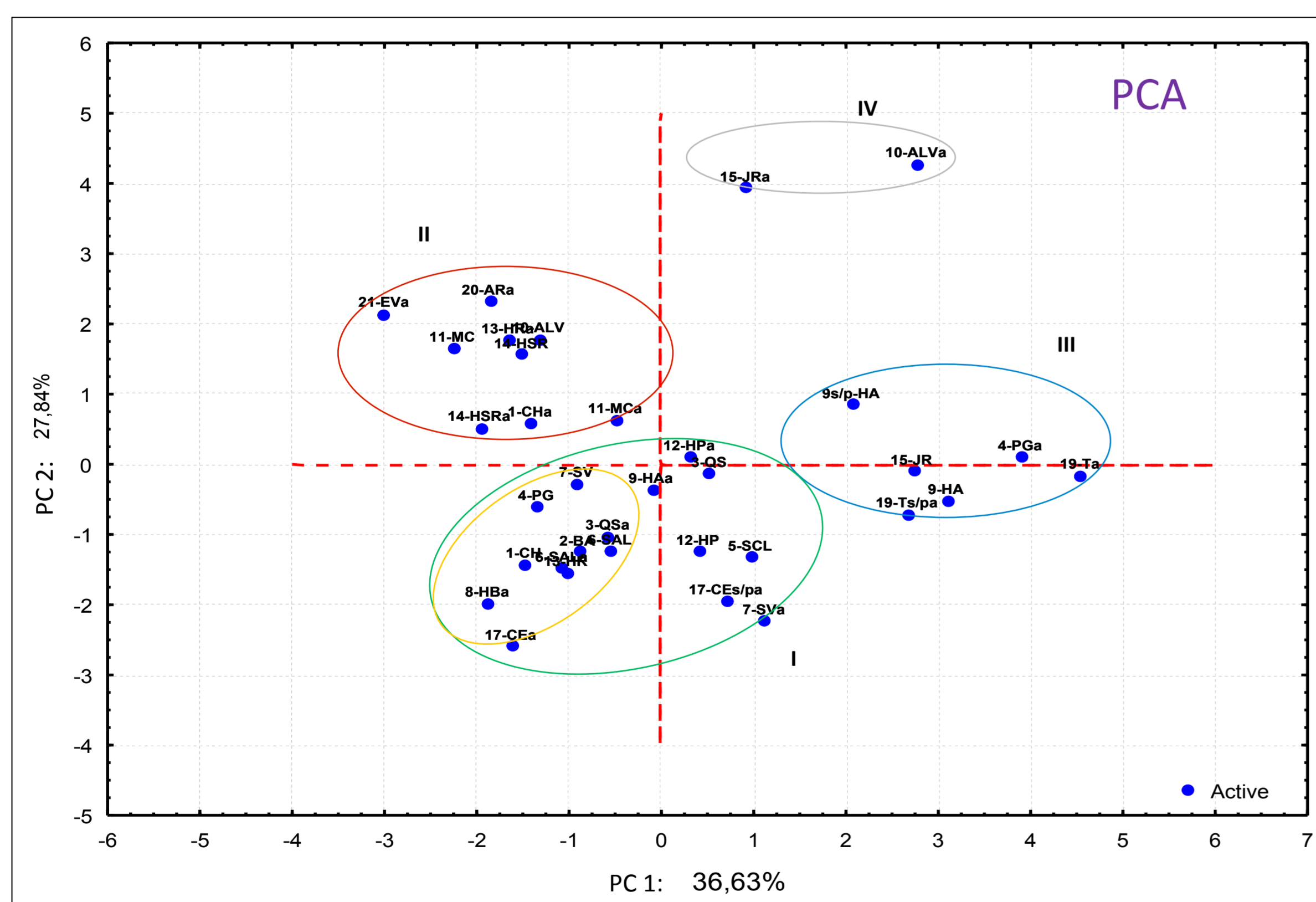


Fig.4: Projection of the 34 cardoon flower samples collected in the 2 years, representing 22 populations of *C. cardunculus* L. grouped, based on the average results for 10 properties in the plan defined by the principal components PC 1 and PC 2 (annexed table).

✓ HCA using all the evaluated variables, discriminated the samples into 3 main groups (Fig. 1);  
A fourth group comprised samples with more differentiated properties, which joined the 3 main groups at very high distances.

✓ PCA discriminated populations into 3 main groups (groups I-III) using PC1 and PC2, explaining 65% of the total variance found among *C. cardunculus* L. flower samples (Fig. 4), which can be characterized as:

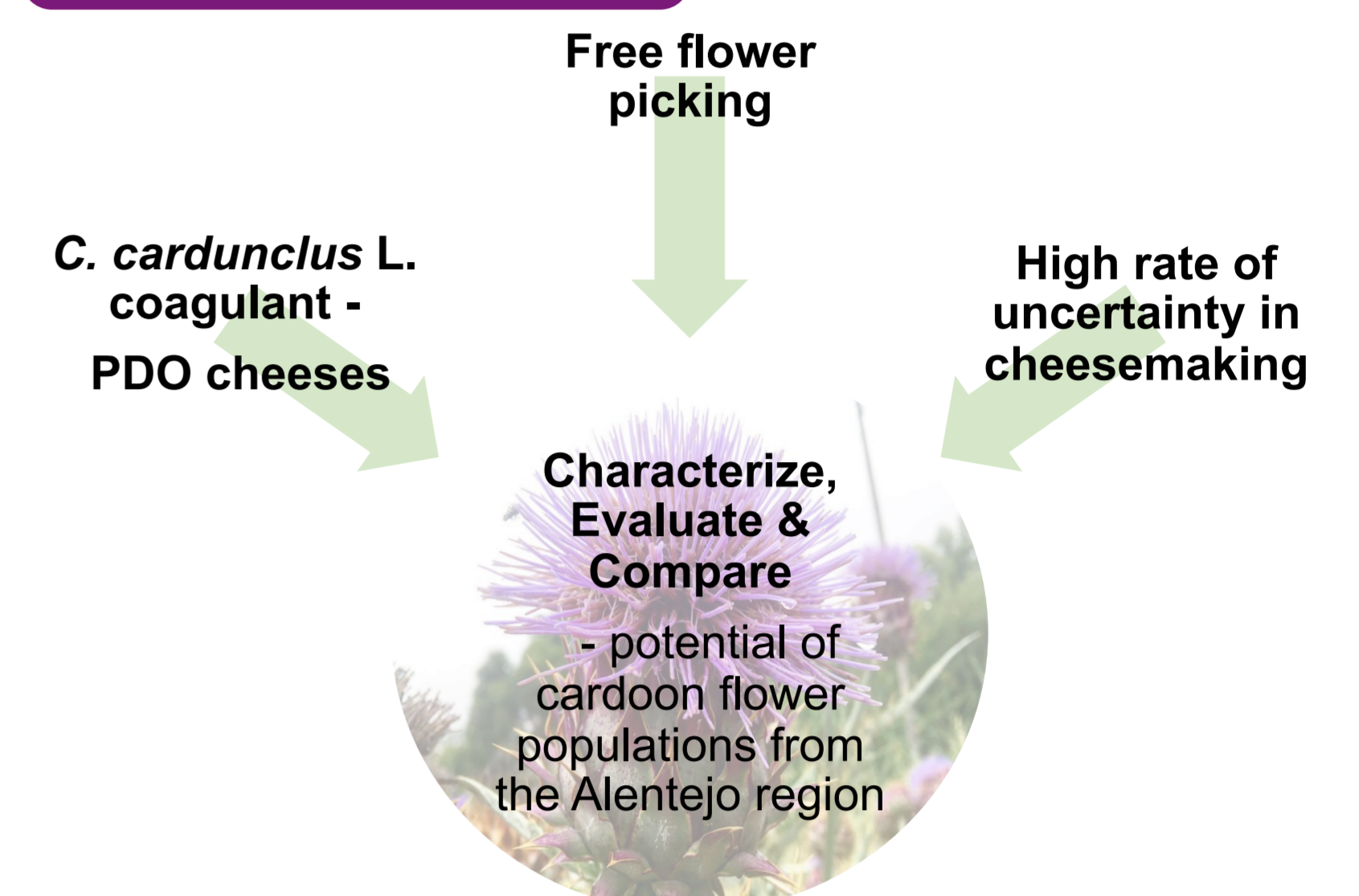
**Group I:** high MCA, good milk clotting properties, average micellar aggregation rate, medium to high non-specific PA, average cheesemaking yield (large group, very ample);

**Group II:** low MCA with high coagulation times, poor coagulation properties as for micellar aggregation rates, high level of non-specific PA, with a good performance relating cheesemaking yield;

**Group III:** Intermediate MCA and low coagulation time, high micellar aggregation rate, firm curds with good quality, high level of nonspecific PA, with good cheesemaking yield indicators;

The samples from **Group IV** appear isolated by a very weak MCA and low micellar aggregation rate, however, they demonstrate interesting coagulant properties.

## Introduction

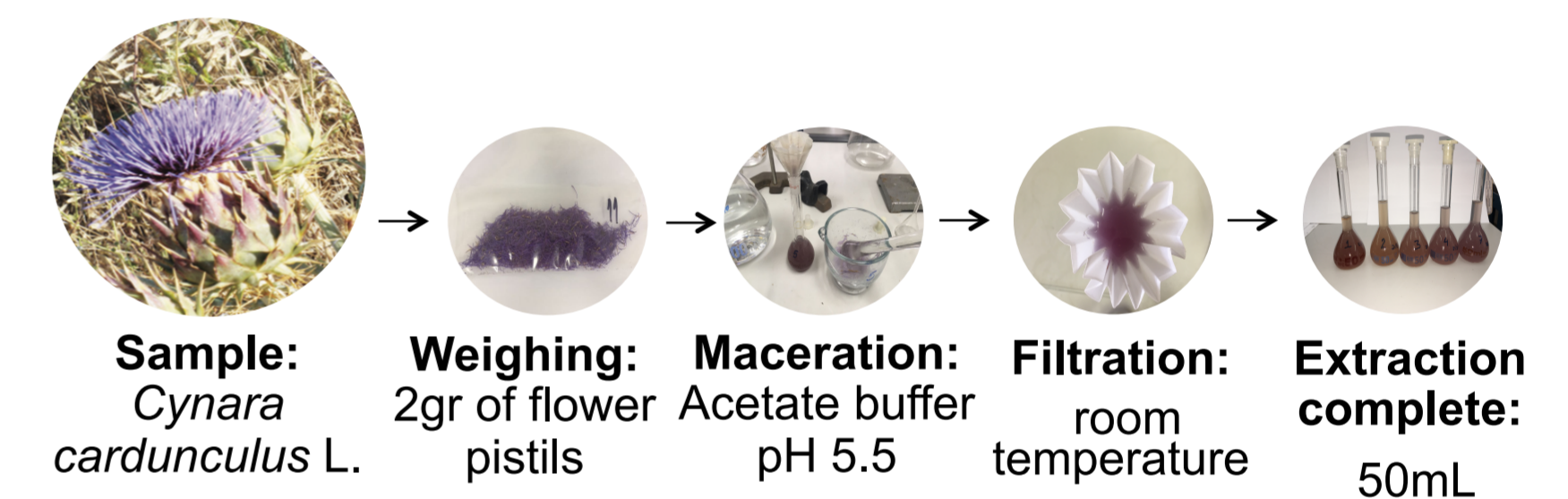


## Materials and Methods

### Sampling:

- 21 different cardoon flower populations;
- Alentejo region, Portugal;
- 2 successive flowering seasons: 2016 / 2017.

### *Cynara cardunculus* L. coagulant extract preparation:



### Technological properties evaluated:

- Milk Clotting Activity (MCA):** (IDF 199 / ISO 23058: 2006)
- Monitoring of enzymatic coagulation:** Optigraph (Alves *et al.*, 2004; Martins *et al.*, 2009)
- Proteolytic activity (PA):** (Gomes *et al.*, 2018)
- Potential cheesemaking yield:** (Remeuf *et al.*, 1989; Martins *et al.*, 2009; IDF 4/ISO 5534: 2004).

### Statistical analysis :

- Multivariate exploratory techniques (*Statistica*™) based on 13 parameters:
  - Principal component analysis (PCA);
  - Hierarchical cluster analysis (HCA).

## Conclusions

This work confirms the **variability in the characteristics of the cardoon flower from different populations of the Alentejo region**. It was possible to observe the grouping of populations into 4 groups, with one of them including about 50% of the samples.

For 6 of the 12 populations sampled in both years, the technological properties of the cardoon flower were not sufficiently different to discriminate the samples regarding to the year.

Different authors have registered a **wide morphological variability in *Cynara cardunculus* plants** and this work confirms the technological properties variability of the different populations from the Alentejo region, which **may eventually contribute to the cheese quality or typicality through the influence in cheesemaking process**.

## References

- Alves SMP, Martins APL, Mourato MP, Vasconcelos MM, Fontes AML. 2004. Effect of clotting agent on coagulation properties of sheep milk. *Proceedings of the International Symposium "The Future of the Sheep and Goat Dairy Sectors"*, FIL/IDF-CIHEAM, Zaragoza (Spain), 28-30 October, 278-279.
- Conceição C., Martins P., Alvarenga N., Dias J., Lamy E., Garrido L., Gomes S., Freitas S., Belo A., Brás T., Paulino A., Duarte M.F. 2018. *Cynara cardunculus*: Use in cheesemaking and pharmaceutical applications. In: *Technological Approaches for Novel Applications in Dairy Processing*. Nurcan Koca, IntechOpen, DOI: 10.5772/intechopen.76530.
- Gomes S., Belo A.T., Alvarenga N., Dias J., Lage P., Pinheiro C., Cruz C., Brás T., Duarte M.F., Martins A.P.L. 2018. Characterization of *Cynara cardunculus* L. flower from Alentejo as a coagulant agent for cheesemaking. *International Dairy Journal*. DOI: 10.1016/j.idairyj.2018.09.010
- Martins APL, Belo AT, Vasconcelos MM, Fontes AL, Pereira EA, Belo CC. 2009. Characterization of production system of Niza cheese (PDO): Effect of sheep breed on milk composition and coagulation properties. *Options Méditerranéennes, Series A*, 91, 221-226.
- Remeuf F, Lenoir J, Duby C., 1989. Étude des relations entre les caractéristiques physico-chimiques des laits de chèvre et leur aptitude à la coagulation par la présure. *Lait*, 69, p. 499-518.

**Acknowledgements:** ValBioTecCynara – Economic valorization of Cardoon (*Cynara cardunculus*): study of natural variability and biotechnological applications, Project ALT20-03-0145-FEDER-000038, FEDER/Alentejo 2020 Program; SerpaFlora – Valorização da flora autóctone do queijo Serpa, PDR 2020-101-031018, FEDER/PDR 2020 Program; FCT – Fundação para a Ciência e Tecnologia for the financial support to the research units LEAF/ISA-UL and GeoBioTec/UNL.